



finding  
TIME

keep the  
space

prioritising  
those  
activities that  
energise

Keeping the  
important  
learnings alive  
and not forgetting  
about them

we miss  
the coffee  
sessions

Putting out  
new fires  
every week

how to  
implement  
coaching  
mindset also  
in teaching

in stressful  
times,  
remembering to  
tame the advice  
monster

connect to  
(new)  
colleagues  
when working  
from home

Helping PhD  
students have a  
good experience  
despite the  
pandemic

Balancing giving  
someone (new  
PhD student)  
space to grow and  
not overwhelming  
them